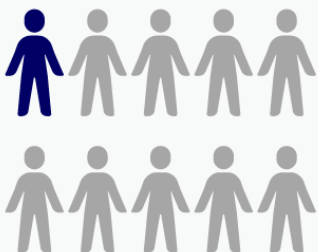


ALCOHOL USE DISORDER (AUD)

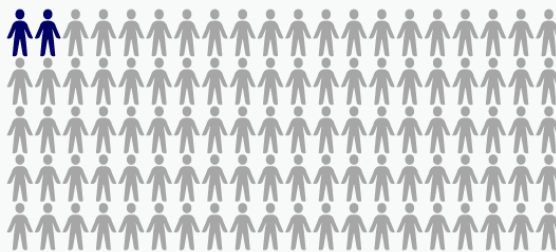
FAST FACTS:

ACCESS TO TREATMENT

Less than 10% of individuals with AUD receive any treatment to help battle the disorder¹



Less than 2% of individuals with AUD are prescribed FDA-approved medications



AUD treatment falls into **three** main categories...

1

Medication

There are currently three FDA-approved medications for treating AUD which have shown to be effective in reducing the desire to drink during periods of abstinence¹.

2

Behavioral Treatments

Behavioral treatment interventions are designed to help individuals recognize risky drinking and empower individuals to avoid circumstances that may trigger a relapse to heavy drinking.

3

Support Groups

Mutual support groups help provide a network of support for maintaining abstinence and reducing the harm associated with heavy drinking.

¹ "Few are prescribed medications to treat alcohol problems", NIH.
<https://www.nih.gov/news-events/nih-research-matters/few-are-prescribed-medications-treat-alcohol-problems>.